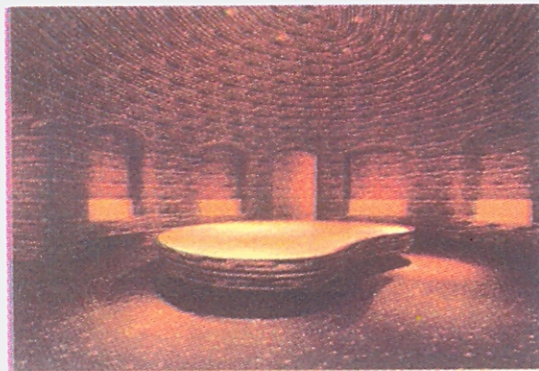


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Travel

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COMINGS & GOINGS } HILARY HOWARD



PALMS PLACE HOTEL AND SPA

Mideast Relaxation On the Strip

Party too hard on the Strip last night? Perhaps you should visit a hammam for a little down time. And at the Palms Place Hotel and Spa in Las Vegas (www.palmsplace.com), you can.

The hammam (above) uses heated stone slabs, aromatherapy and a gentle steaming process to encourage cleansing and renewal. The main space is coed, but men and women may use separate sauna and steam rooms, cold plunge pools and Jacuzzis in the locker rooms.

The 50,000-square-foot spa has 20 treatment rooms, an exercise studio, and hair and tanning salons. A day pass to the hammam costs \$35 (hotel guests pay \$30), but it is free for those who book treatments at the spa.

Palms Place room rates start at \$159.